

# August Canton Middle School Lunch



**Daily Entrées**  
**Cheeseburgers**  
**Chicken Sandwiches**  
**Pizza Selection**  
**Cheesy Nachos**  
**Chicken Nuggets**

**Fruit and Vegetable Bar**  
**Available Daily**  
**Choice of Milk**

**V= Vegetarian**  
 (\*) Contains or may contain Pork

**Arbor A+ Nutrition Mission**  
**To serve students daily:**

- ✓ A wide variety of fresh, nutrient rich foods  
Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ **Plant based entrée options**

*~Arbor Management~*

**Make Choices for a Healthy Lifestyle!**

For more information or to "Ask the Dietitian", check out our website!

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
Popcorn Chicken w/ Dinner Roll Vegetable of the day Fruit of the Day	Beef Soft Tacos Vegetable of the day Fruit of the Day	Homemade Mac & Cheese-V Soft Pretzel Rod Vegetable of the day Fruit of the Day	Chipotle Chicken Nachos w/ Cilantro Lime Rice Vegetable of the day Fruit of the Day	Grilled BBQ Chicken Sandwich Vegetable of the day Fruit of the Day
22	23	24	25	26
Chicago Style All Beef Hot Dog Vegetable of the day Fruit of the Day	"Say Cheese" Toasted Sandwich-V Vegetable of the day Fruit of the Day	Chicken Drumstick Dinner Roll Vegetable of the day Fruit of the Day	Sweet n' Sour Meatballs w/ Brown Rice Vegetable of the day Fruit of the Day	*Honey BBQ Pork Rib Sandwich Vegetable of the day Fruit of the Day
29	30	31		
Chicken Fajita Burrito Vegetable of the day Fruit of the Day	Rofini & Meatballs w/ Garlic Bread Vegetable of the day Fruit of the Day	Chicken & Belgian Waffle Vegetable of the day Fruit of the Day		
Popcorn Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

**FREE MEALS**  
**To All Enrolled Students**



**We are Hiring!**  
 We Need Cooks, Managers, Food Servers and Drivers!  
 You will love the work schedule!  
 No nights or weekends!  
 Holidays off!  
 Apply Online at:  
[www.arbormgt.com/careers](http://www.arbormgt.com/careers)  
 Scan Me To Apply!



Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding!

This institution is an equal opportunity employer.