

Breakfast
\$ 1.20 - HS Only
All Other Schools Free
Milk .50¢

August Canton Breakfast Menu



Questions about the menu?
 Kyle Nelson
 Food Service Director
 309-647-8731
 Kyle.Nelson@Cantonusd.org

We are Hiring!
We Need Cooks, Managers, Food Servers and Drivers!
 You will love the work schedule!
 No nights or weekends!
 Holidays off!
 Apply Online at:
www.arbormgt.com/careers
 Scan Me To Apply!



| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| 1 | 2 | 3 | 4 | 5 |
| | | | | |
| 8 | 9 | 10 | 11 | 12 |
| | | | | |
| 15 | 16 | 17 | 18 | 19 |
| French Toast Sticks Fruit of the Day 100% Juice Choice of Milk | Egg & Cheese Bagel Fruit of the Day 100% Juice Choice of Milk | Chicken in a Biscuit Fruit of the Day 100% Juice Choice of Milk | Egg & Cheese Muffin Fruit of the Day 100% Juice Choice of Milk | Breakfast Pizza Cheese Stick Fruit of the Day 100% Juice Choice of Milk |
| 22 | 23 | 24 | 25 | 26 |
| Egg & Cheese Muffin Fruit of the Day 100% Juice Choice of Milk | Blueberry Belgian Waffle Fruit of the Day 100% Juice Choice of Milk | Cheesy Breakfast Quesadilla Fruit of the Day 100% Juice Choice of Milk | Buttermilk Pancakes Fruit of the Day 100% Juice Choice of Milk | Egg & Cheese Slider Sandwich Fruit of the Day 100% Juice Choice of Milk |
| 29 | 30 | 31 | | |
| Cheesy Scrambled Eggs w/ Toast Fruit of the Day 100% Juice Choice of Milk | Breakfast Pizza Fruit of the Day 100% Juice Choice of Milk | Breakfast Burrito Fruit of the Day 100% Juice Choice of Milk | | |

Arbor A+ Nutrition Mission

- To serve students daily:**
- ✓ A wide variety of fresh, nutrient rich foods
 - ✓ Fresh fruits and vegetables, locally sourced as seasonally available
 - ✓ Cage free poultry with no added hormones or steroids
 - ✓ Fresh whole and multigrain bread, buns and baked goods
 - ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding!

This institution is an equal opportunity employer.

